



Tiered Vocabulary Wall- A way to organise our words.



Tier 3	<p><u>Subject specific words:</u></p> <p>nutrition skeleton skull spine muscle contract deficiency</p> <p>pectorals gluteus maximus abdominals hamstrings quadriceps biceps triceps endoskeleton</p> <p>exoskeleton hydrostatic</p>
Tier 2	<p><u>Focus words:</u></p> <p>balanced diet joint fats dairy carbohydrates proteins</p>
Tier 1	<p><u>Everyday words:</u></p> <p>relax movement fruit and vegetables milk cheese chicken pork beef</p>